

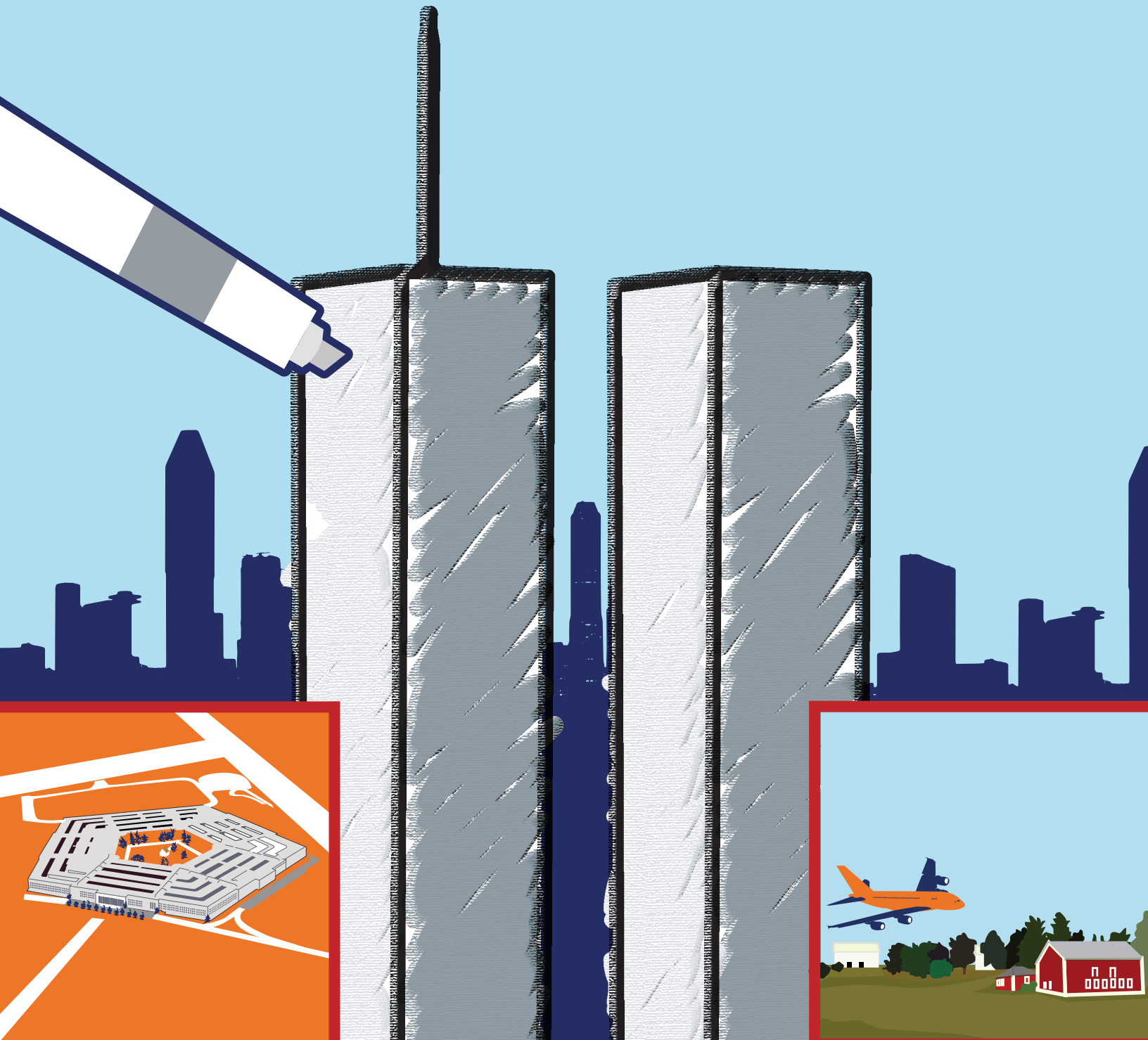
IGNITE GOOD! IGNITE GOOD! IGNITE GOOD! IGNITE GOOD! IGNITE GOOD! IGNITE GOOD!



THE 9/11 LESSON

Celebrating Real-Life Superheroes

ACTIVITY BOOK



BECOME A HERO.

On September 11, 2001, terrorists who wanted to destroy America hijacked four planes. They flew two planes into the **World Trade Center towers in New York City** and one plane into the **Pentagon in Washington, D.C.** Passengers on the fourth plane fought back, sacrificing their lives by crashing their plane in a field in **Shanksville, Pennsylvania**, rather than into a crowded building.

There were 2,977 people who died that day. The rest of us promised to **never forget** what happened, and this activity book will help you remember the events, heroes, and lessons of September 11, 2001.

One of the most important lessons we learned that day is that when something bad happens, **real-life superheroes** do what they can to help. From firefighters, police officers, and military personnel to bus drivers, janitors, and plane passengers, hundreds – if not thousands – of real-life superheroes stepped up to help.

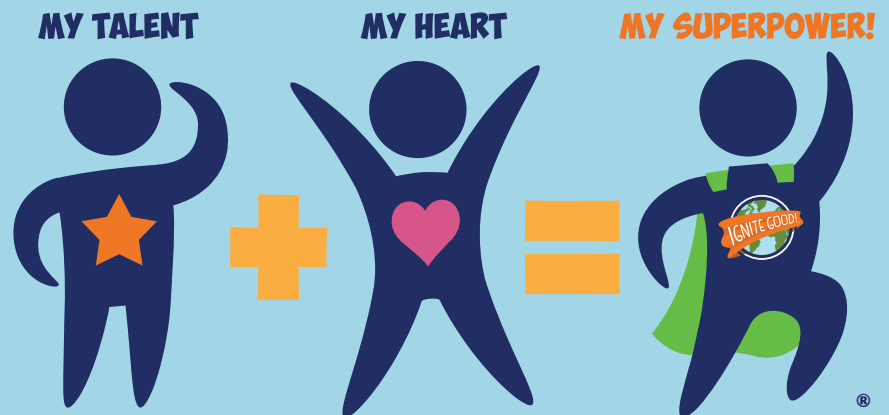
We hope a day like this doesn't come in your lifetime, but we can still learn a **valuable lesson** from the heroes of the day's tragedy: step up and serve where we are needed.

So think...



Who are the real-life heroes in your life?
How can you act as a hero toward others?

We believe in your ability to become a hero to others. It's super simple. Just think of something you're good at or enjoy doing. Then, combine that with a cause you care about. In no time at all, you'll have your own unique Superpower Equation.



Throughout this activity book, you'll explore stories of real-life superheroes, learn about the events of September 11, 2001, and take part in service projects to help you Ignite Good! and honor the heroes of 9/11.

We hope that by the time you've made it to through the activities in this book, you'll have found your Superpower Equation. The very best way we can never forget 9/11 is to spread hope, happiness, acceptance, equality, and love. We hope you always remember that.



**WHAT
ARE YOU
WAITING
FOR?**

TIMELINE OF EVENTS

September 11, 2001



7:59 am

Flight 11 with 92 people aboard, takes off from Boston, headed to Los Angeles.



8:14 am

Flight 175 with 65 people aboard, takes off from Boston, headed to Los Angeles.



8:46 am

The hijackers on Flight 11 crash the plane into the North Tower of the World Trade Center.



8:47 am

NYPD and FDNY arrive at the World Trade Center, while Police officers begin evacuation of the North Tower.



9:08 am

All of flights going to New York City or through the airspace around the city are banned.



9:21 am

New York City closes all bridges and tunnels in the New York City area.



10:07 am

Passengers and crew members aboard attempt to retake the plane. In response, hijackers crash the plane into Pennsylvania.



10:28 am

The World Trade Center, North Tower collapses, 102 minutes after being struck by Flight 11.



8:19 am

Flight attendants on Flight 11 send alert that the plane has been hijacked; airline notifies the FBI.



8:20 am

Flight 77 takes off from Washington, D.C., headed to Los Angeles with 64 people aboard.



8:41 am

Flight 93 with 44 people aboard, takes off from Newark headed to San Francisco.



8:50 am

President George W. Bush is alerted that a plane has hit the World Trade Center.



9:02 am

Officials broadcast orders to evacuate both towers via the public address system.



9:03 am

Hijackers crash Flight 175 into World Trade Center, South Tower.



9:24 am

Some passengers and crew aboard are able to alert family members on the ground of the suspected hijacking of Flight 77.



9:37 am

Hijackers on Flight 77 crash the plane into the Pentagon in Washington, D.C.



9:59 am

The South Tower of the World Trade Center collapses.



11:00 am

Mayor Rudolph Giuliani calls for the evacuation of Lower Manhattan.



5:20 pm

World Trade Center #7 collapses. It was the third and last building to fall.



8:30 pm

President Bush addresses the nation, declaring that America stand together to win the war against terrorism.

DID YOU KNOW?

- The attacks involved 1.8 million tons of wreckage, cost \$750 million dollars, and took 9 months to clean up.
- Fifty thousand people worked in the World Trade Center complex. An extra 40,000 people passed through the building each day.
- Immediately after the tragedy, the site of the 9/11 attacks was known as Ground Zero.
- A new office building called One World Trade Center, or Freedom Tower, has been built in the same area as the World Trade Center complex. It is 1,776 feet tall.
- Al-Qaeda, the terrorist group behind the attacks, also bombed the World Trade Center in 1993. That explosion killed six people.
- The New York Times published a series of articles called “Portraits in Grief” to remember each victim of 9/11.
- NASA flew pieces of rubble from the attacks to Mars.
- Over 100 rescue dogs helped search for survivors.



★ + ♥ =
SUPERPOWER

MEET THE HEROES

To learn how you can become a hero, it helps to know about people who are heroes. The people you're about to meet became heroes on September 11, 2001. They were brave and became who the day needed them to be. And they weren't the only ones to rise to the occasion, there were many people who helped that day.

Today is a different time, but we still need people who step up and help whenever possible.

As you read about each hero, ask yourself the following questions:

- What was their Talent?
- Who or what did they care about?
- How did they use their Talent to help?

ONE OF THE WORST DAYS IN AMERICA'S HISTORY SAW SOME OF THE BRAVEST ACTS IN AMERICANS' HISTORY. WE'LL ALWAYS HONOR THE HEROES OF 9/11.

- President George W. Bush

DR. MICHAEL GARVEY

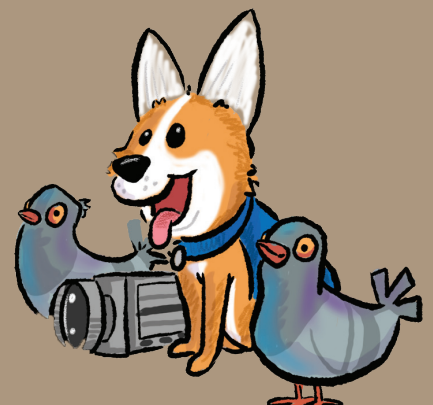


Dr. Michael Garvey was a very well-known veterinarian. On September 11, 2001, Michael and his team responded to the emergency. Even though he wasn't sure how to help, he was going to try!

Michael was on the scene by 10 a.m. and began his work by taking care of the search and rescue dogs. Search and rescue dogs were able to use their sense of smell to sniff out survivors. However, the dogs quickly became covered in dust and smoke. Michael knew it was safer if they were bathed and given plenty of water so that they could keep working! Along with treating the dogs, Michael also helped their handlers by giving them fluids and cleaning their eyes.



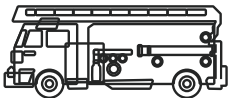
When asked about his 9/11 experience, Michael said that he was never prouder to be a veterinarian. Michael passed away in 2020 and is remembered for being a talented vet and always helping others!



Seek and Find



Search and rescue dogs helped to find survivors in the rubble. Can you seek and find the items below to honor their work?



x1



x10



x5



x7



x10





BETTY ONG AND MADELINE AMY SWEENEY

Betty Ong and Madeline Amy Sweeney were two of the flight attendants on Flight 11. Flight 11 was the plane that crashed into the first tower. Betty was a flight attendant for over 14 years who lived in San Francisco, CA. Madeline had been a flight attendant for 12 years and lived in Massachusetts with her family.

During the hijacking, Betty quickly called American Airlines traffic control to relate some very important and serious information.

Madeline is remembered for being very calm as she identified the hijackers. A hijacker is someone who takes control of a vehicle using force. Without Madeline and Betty, we might not know who was responsible for the attacks.



Both Betty and Madeline were killed in the plane crash. They are remembered as real-life superheroes!



Drawing

Did you know that Madeline is remembered through the annual Madeline Amy Sweeney Award for civilian bravery? If you got to design this award, what would it look like? Draw it!



Writing Prompt

Did you know that the mayor of San Francisco declared September 21st “Betty Ong Day”? What would be a good way to celebrate Betty Ong Day?



✦ + ❤️
= SUPERPOWER

SANDRA KAY DANIELS

For Sandra Kay Daniels, September 11th is a day that she will never forget. At the time, Sandra was a second-grade teacher at Emma E. Booker Elementary School in Florida. That unforgettable day, George W. Bush, the president of the United States at the time, was coming to read to her class! Everyone was excited to hear the president read *The Pet Goat*! Have you read that story?

President Bush was sitting in front of the classroom full of students and journalists when he was informed of the attack on the World Trade Center. He knew he had to stay calm, but even Sandra noticed a change in the president's face. After the lesson was over, Sandra discovered the news and was devastated. There was a lot of confusion and sadness that day.

Sandra and her classroom were a part of history! After that terrible day, Sandra and her students organized a penny drive to raise money for victims of the 9/11 attacks.



Word Scramble

Unscramble each jumbled word to reveal important 9/11 terms!

IMACREA _____

HEOR _____

ELPAN _____

EERYGMNCE _____

CTTAKA _____

EVREN EOFTGR _____

ESDTINPRE _____

BEPRMEEST _____

ERBERMEM _____

EENTEVHL _____

Answer Key: America, Plane, Attack, President, Remember, Hero, Emergency, Never Forget, September, Eleven, th.

Writing Prompt

Sandra and her students organized a penny drive to raise money for the victims of 9/11. Can you think of another way to Ignite Good! in honor of 9/11?



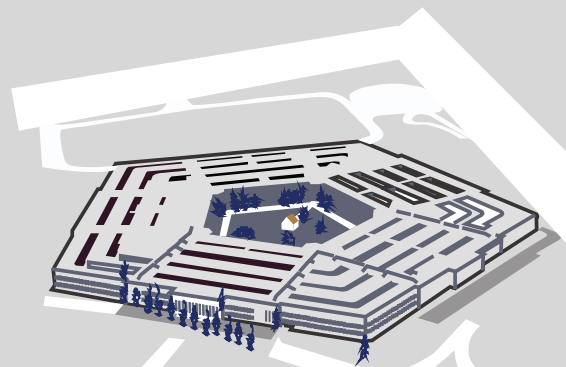
PATRICA HOROHO

Patricia Hohoro was sitting at her desk in the Pentagon on the morning of September 11, 2001. When she heard about what had happened to the World Trade Center, she turned on the news to watch. All of a sudden, she heard a loud boom and felt the building shake. A plane had crashed into the Pentagon. She immediately evacuated the building.

Once she was safely outside, she started helping those who had been injured. There were burn victims, people who had inhaled too much smoke, and all kinds of injuries. It was all-hands-on-deck! She only had a first aid kit, but with her training as a trauma nurse, Patrica knew how to respond to emergencies. She is credited with helping over 75 people that day!



Then, Patricia became the Surgeon General of the United States Army and was recognized as a nurse hero by the American Red Cross for her work during the 9/11 attacks!



Game

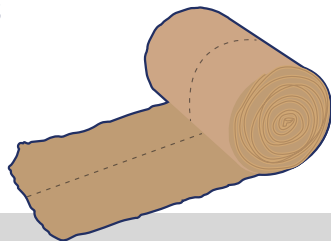
Using a mobile device, scan the QR code or visit 911lesson.org/virtual-heroes-experience to play EMS First Aid Scramble and see what it was like for Patricia to help people!

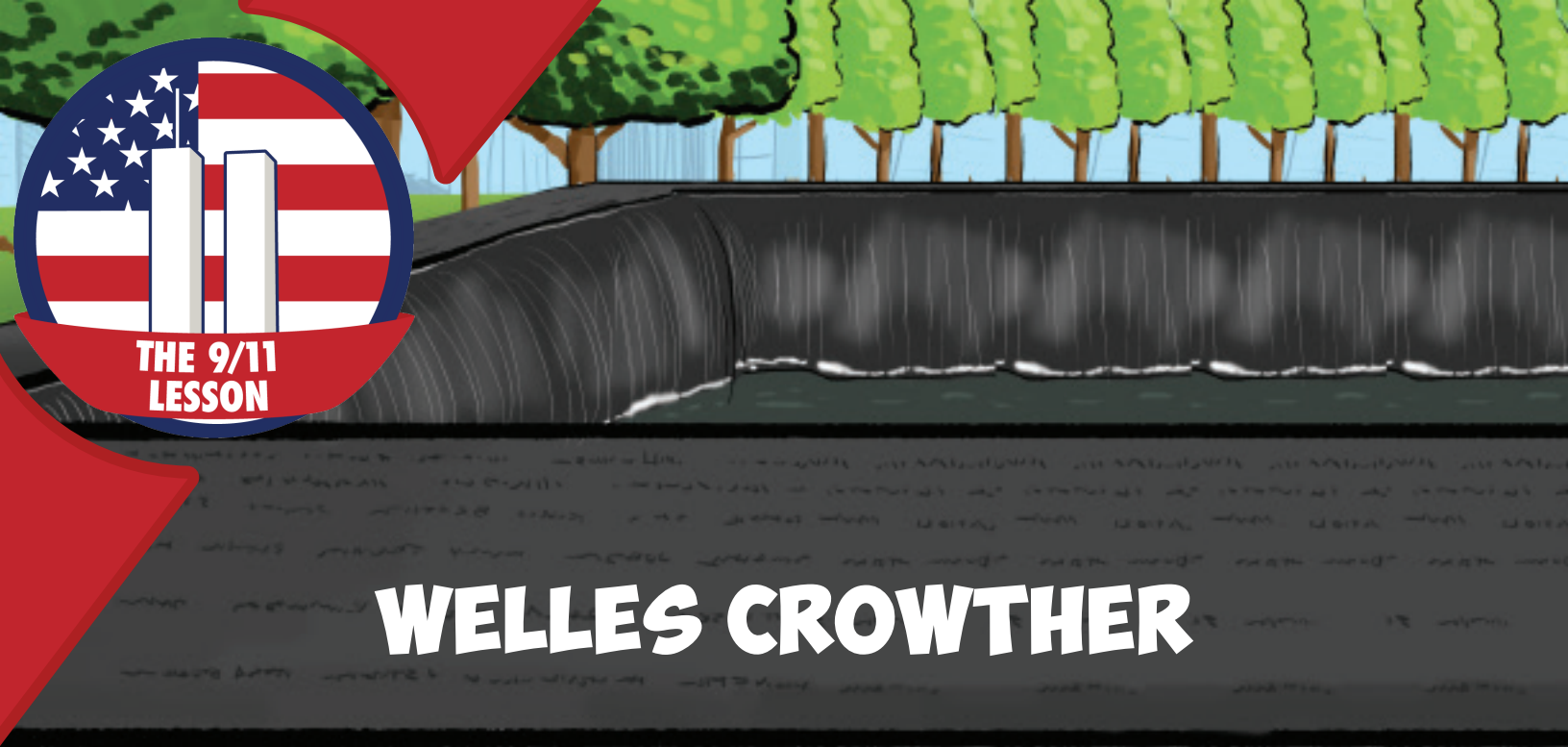


Activity

Patricia only had a small first aid kit to treat all of the people who were injured. It's important to be prepared. Create your own first aid kit using this list from the Red Cross!

- Labeled box
- Absorbent compress dressings (5 in. x 9 in.)
- Adhesive bandages (assorted sizes)
- Medical cloth tape
- Antibiotic ointment
- Antiseptic wipes
- Aspirin
- Instant cold compress
- Non-latex gloves
- Hydrocortisone ointment
- 3 in. gauze roll
- 4 in. roller bandage
- Sterile gauze pads
- Thermometer (non-mercury/non-glass)
- Triangular bandages
- Tweezers
- Emergency first aid guide





WELLES CROWTHER

Welles Crowther was a 24-year-old equities trader in New York. On September 11th, he was in his office on the 104th floor of the World Trade Center. One of the first things Welles did was call his mother one last time. Next, he made his way to the 78th floor. From there, he led a group of survivors to safety while carrying an injured woman.

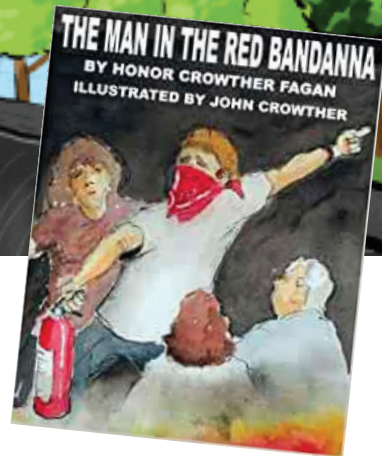
In a moment of extreme bravery, Welles decided to head back up to the 78th floor to help even more people! He made that trip up and down as many times as he could before the tower collapsed. Welles was wearing a red bandanna to protect his lungs against the smoke. Eventually, Welles was identified as the man in the red bandanna.

He passed away on September 11th and is remembered as a hero by his friends, family, and the country. Welles saved as many as 18 people that day!



Learn More

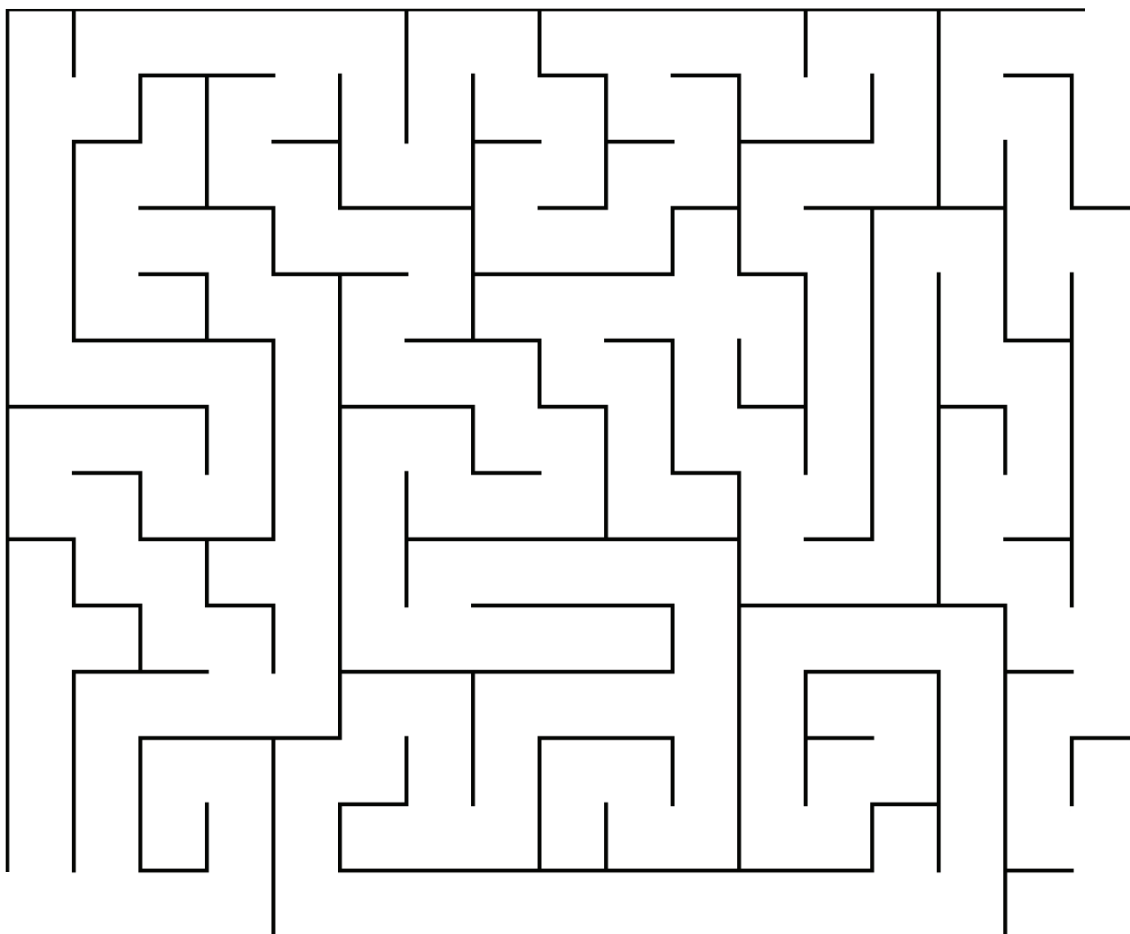
Want to learn more about Welles? Check out *The Man in the Red Bandanna*, a book written by his sister, Honor Crowther Fagan, and illustrated by his uncle, John Crowther.



Maze



Welles successfully led people to safety. Can you help Pia lead Pixel through the maze?



Start Here!





EMILY ERNSPIKER

Emily Ernspiker was 7 years old when she learned about the 9/11 terrorist attacks. She was sitting in her first-grade classroom in Louisville, KY, on the morning of September 11th. Emily wanted to help, so she bought a pair of gloves to be mailed to Ground Zero with other donations. But, Emily made her donation special by including her photo and a hand-written note of encouragement.



*Dear Fireman,
These gloves are to help you when you search
for bodies. Thank you for helping other people.
From Emily Ernspiker, Age 7*

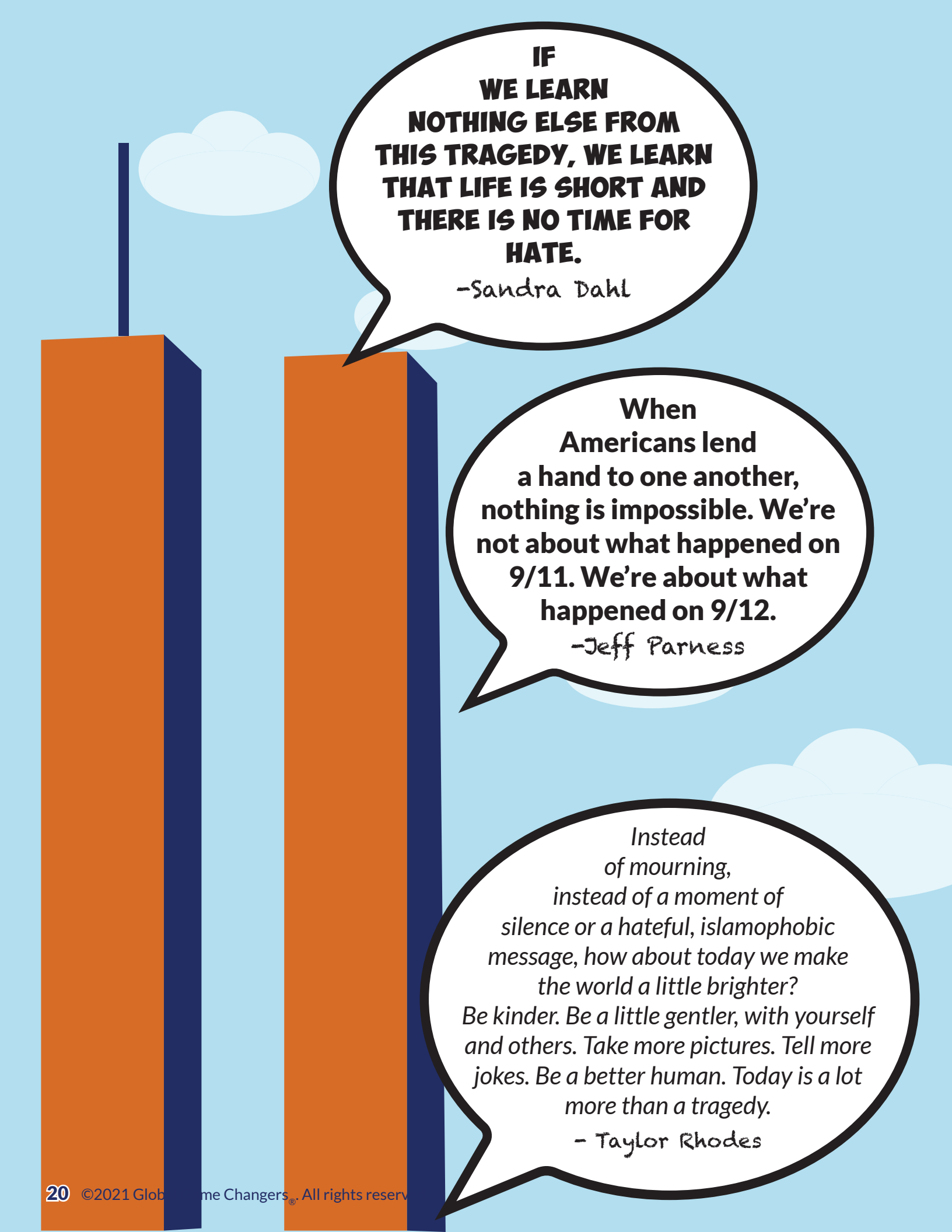
Dave Triola, a volunteer at Ground Zero, was the one who found her gloves. He was moved by the kindness of such a young girl. So, Dave made the decision to keep the gloves, photo, and letter safe. Fifteen years later, Dave and Emily finally met!

Writing Prompt



Now it's your turn! Emily wrote a meaningful letter that changed Dave's life. In the space below, write a letter to one of the volunteers who helped in the 9/11 crash. Don't forget to share your letter with us online at [globalgamechangers.org/share-your-stories!](https://globalgamechangers.org/share-your-stories/)





**IF
WE LEARN
NOTHING ELSE FROM
THIS TRAGEDY, WE LEARN
THAT LIFE IS SHORT AND
THERE IS NO TIME FOR
HATE.**

-Sandra Dahl

**When
Americans lend
a hand to one another,
nothing is impossible. We're
not about what happened on
9/11. We're about what
happened on 9/12.**

-Jeff Parness

*Instead
of mourning,
instead of a moment of
silence or a hateful, islamophobic
message, how about today we make
the world a little brighter?
Be kinder. Be a little gentler, with yourself
and others. Take more pictures. Tell more
jokes. Be a better human. Today is a lot
more than a tragedy.*

- Taylor Rhodes

**SEPTEMBER 11,
2001, REVEALED HEROISM
IN ORDINARY PEOPLE WHO
MIGHT HAVE GONE THROUGH
THEIR LIVES NEVER CALLED UPON
TO DEMONSTRATE THE EXTENT OF
THEIR COURAGE.**

-Geraldine Brooks

HONOR HEROES WITH SERVICE

The heroes you just met all jumped into action when they were needed most. Now you can, too! Honor the memory of 9/11 with the service projects on the pages that follow.

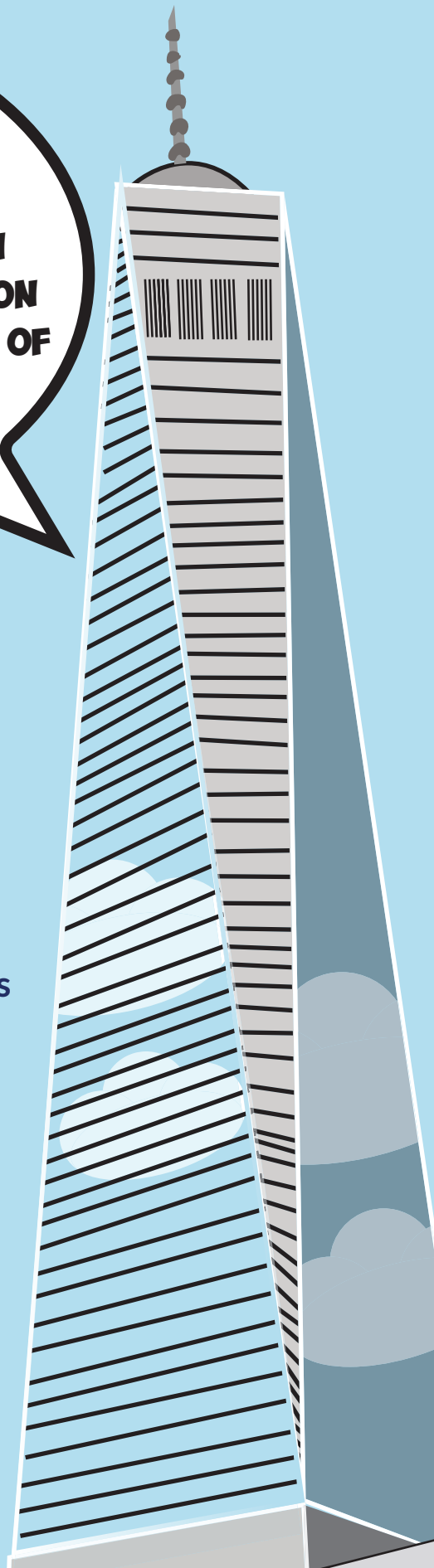
PLANT your own Survivor Tree

MAKE a special, inspiring chalk message

CREATE your own flag

ADD your submission to the 9/11 Salute to Heroes Commemorative Book

Pretty soon, you'll be able to create your very own Superpower that you can use to Ignite Good! for the rest of your life.





PLANT YOUR OWN SURVIVOR TREE

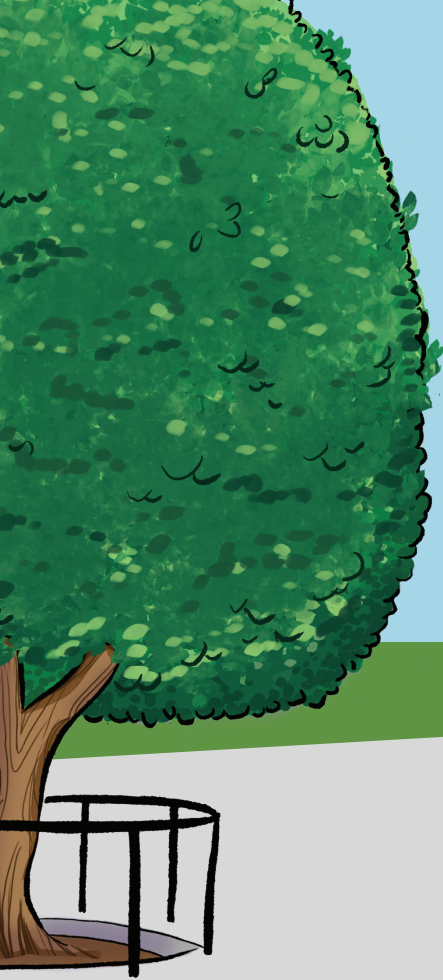


While cleaning up Ground Zero, rescue workers discovered a tree beneath the rubble. This Callery pear tree suffered from burns and many broken branches and roots. With diligent care from the NYC Department of Parks and Recreation, the tree recovered and is now known as the Survivor Tree. It symbolizes the enduring fight so many survivors have gone through to overcome the tragedy of the day's attacks.



Check out a cool video from National Geographic for more information on the Survivor Tree's journey at <https://youtu.be/5bLw6bREcbU>

Now it's your turn to share the message of regrowth and survival! Often, people plant trees in honor of great people. To honor the survivors, you can nurture and grow a tree for your own community. Any type of tree will do!



**“I will never forget
seeing what hate can
destroy... I will never forget
seeing what love can heal...”**
- Steve Maraboli

MAKE A STARTER POT

1. Lay three full sheets of newspaper on top of each other.
2. Fold the sheets together into thirds, like you would for a letter in an envelope.
3. Lay the cup its side on the paper strip with some of the paper extending past the cup's rim.
4. Loosely roll the paper around the cup.
5. Tuck the overhanging paper into the cup.
6. Remove the cup.
7. Insert the base of the cup into the other side of the roll to flatten the folded portion inside.
8. Remove the cup.
9. Staple the top of your paper starter pot to itself so it doesn't unroll.

GROW A SAPLING

1. Fill your paper starter pot with dirt.
2. With your finger, make a small hole about an inch deep in the center of dirt.
3. Place a seed inside and refill the hole.
4. Moisten the dirt.
5. Place your pot in sunny spot.
6. Water it regularly.
7. When it's big enough, transplant your sapling to the ground.
8. Continue to water it regularly.
9. Make a sign to mark the significance of your tree.

SUPPLIES

- Tree seed or cutting
- Dirt
- Newspaper
- Tall cup
- Stapler





LOVE ALWAYS WINS POSITIVE CHALK MESSAGE CHALLENGE!

In the Global Game Changers picture book, *Never Forget 9/11: Love Always Wins*, Pia teams up with Jayden to defeat apathy-spreading Krumi. Together they used their Talents to make sure no one forgets the lessons of strength, unity, and love.

Using Jayden’s Talent for chalk graffiti and Pia’s knack for filming, you can use your Superpower to create a sidewalk chalk art message remembering 9/11, thanking a member of your community, or just sending a positive, hopeful message!

1. Brainstorm a positive message. (For example, “Thank you for your service,” “Never Forget 9/11,” or “Be Kind.”)
2. Find a sidewalk spot to share your message.
3. Use the chalk to write your message and draw pictures of the person you are recognizing.
4. Take a picture of your positivity masterpiece.
5. Share it with your community or the individual you are recognizing.

SUPPLIES

- Sidewalk chalk
- Your imagination!



Activity

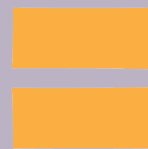
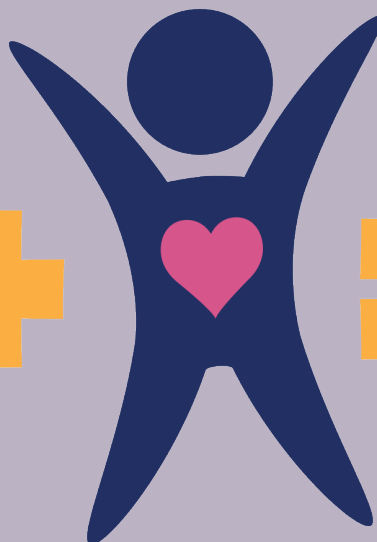
Jayden loves to Ignite Good! using his Superpower. Based on what you read in *Never Forget 9/11: Love Always Wins*, can you guess what his Superpower Equation is? Using a pen or pencil, use the boxes below to fill in Jayden's Talent, Heart, and Superpower.



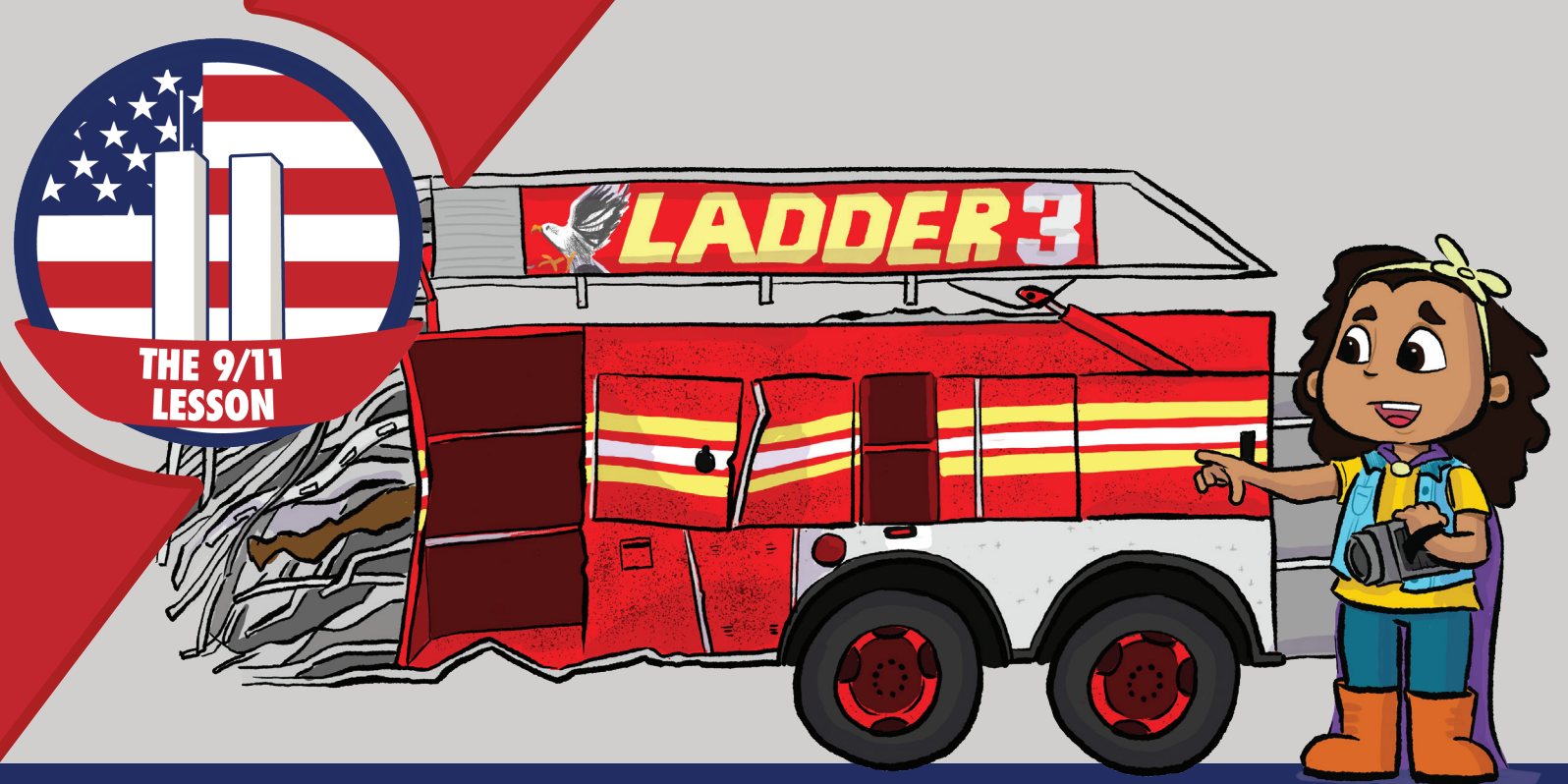
MY TALENT

MY HEART

MY SUPERPOWER!



TM



MAKE A FLAG TO HONOR A HERO

The terrorists of September 11, 2001, wanted to destroy the United States. After the attacks, people showed their patriotism by wearing and displaying the American flag. They wanted to make sure that the world could see that they had damaged our country but not defeated it.

Think of a person who has been a hero for you or your community. Make them a flag to honor them, just like the people who honored the United States after 9/11.

1. Choose who you want to honor.
2. Spread glue down one side of a red dowel stick.
3. Glue a white dowel stick to the red dowel stick.
4. Repeat this process, alternating red and white sticks, until you run out.
5. Place your union sticker in the top left corner of your flag.
6. Write a special note on the back for the person you want to honor.
7. Present your flag to your honoree!

SUPPLIES

- 13 1/2" x 12" dowel sticks
- Wood glue
- Union sticker
- Marker

Flag Facts

Contrary to popular belief, Betsy Ross probably didn't make the first American flag! Nobody knows who did.

The United States had its first official flag on June 14, 1777. The 13 stripes represent the 13 colonies. The number of stars represents the number of states in our country.



21 states in 1819



26 states in 1837



37 states in 1867



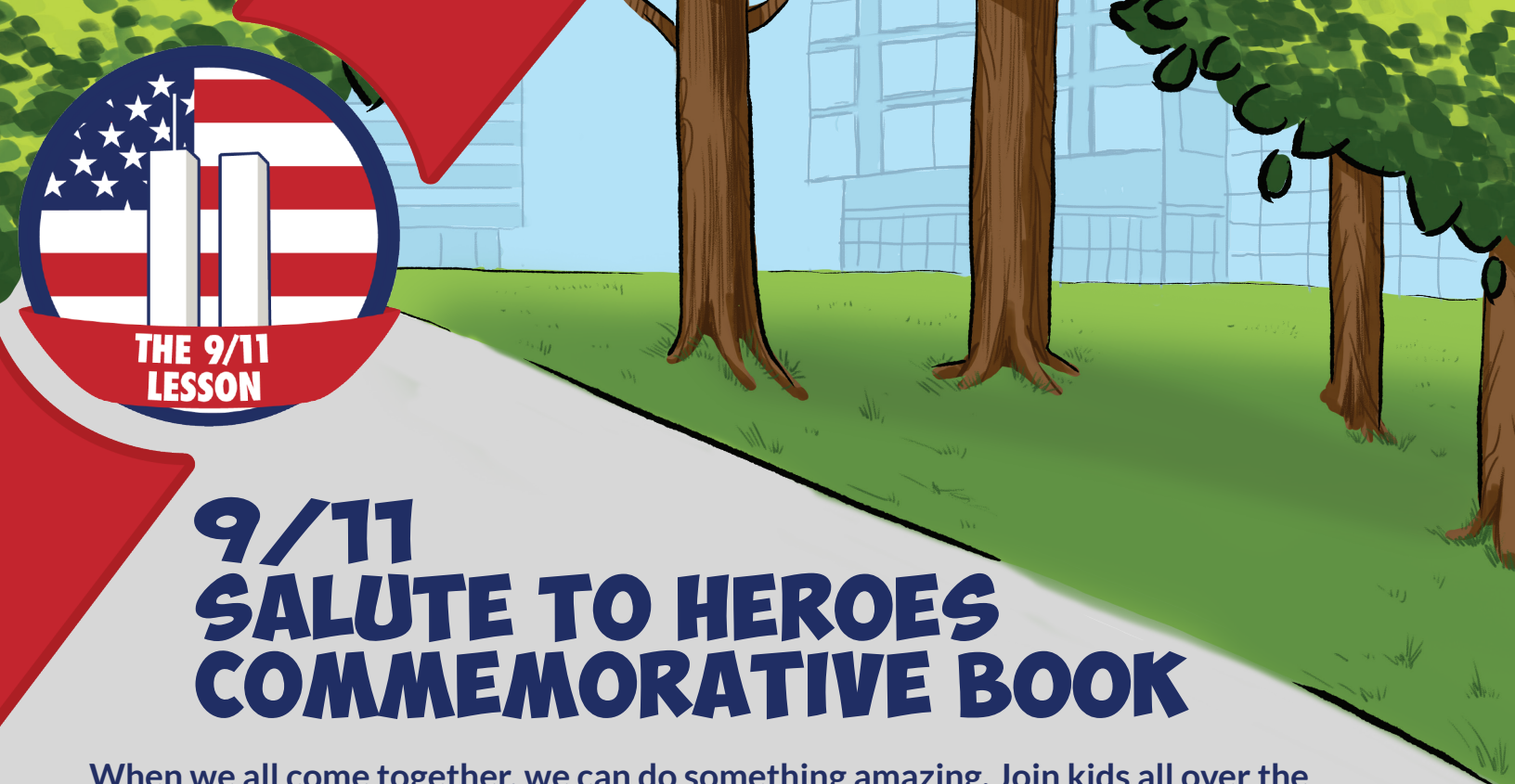
49 states in 1959

Currently there's 50 stars, but the flag has changed 27 times to make room for new states!

Sometimes we fly the flag half-staff to symbolize grief or remembrance. It flies at half-staff on Memorial Day and September 11th every year.

The president or a state's governor can also declare that flags should be flown at half-staff for state or national tragedies.





**THE 9/11
LESSON**

9/11 SALUTE TO HEROES COMMEMORATIVE BOOK

When we all come together, we can do something amazing. Join kids all over the country in creating a special book to remember 9/11! Show the heroes, survivors, and rest of the world that we will never forget this lesson: *love always wins.*

1. Find the Never Forget 9/11 worksheet on the next page or your own paper.
2. Create a piece of art (drawing, collage, painting) or writing (story, poem, comic) honoring the heroes of 9/11 or remembering the events of 9/11. Don't forget to include your name, age, city, and state!
3. Take a picture of your work and share it with us!
 - Post on social media using #The911Lesson
 - Upload to our website at tinyurl.com/GGCservice
 - Email to 911@globalgamechangers.org
 - Mail to 201 East Main Street, Suite 104 Louisville, KY 40202

SUPPLIES

- Your favorite art or writing supplies

That's it! We'll include your masterpiece in the upcoming online and/or printed version of *20th Anniversary Salute to 9/11: A Commemorative Book* and share it with the national memorial sites in New York City, NY, Washington, D.C., and Shanksville, PA!

Any questions? Email us at 911@globalgamechangers.org!

NEVER FORGET 9/11

Name: _____ Age: _____

City: _____ State: _____





You've read about the heroes.

We've shared six heroes, but there were hundreds – if not thousands – of people who stepped up on 9/11 and in the months and years afterward.

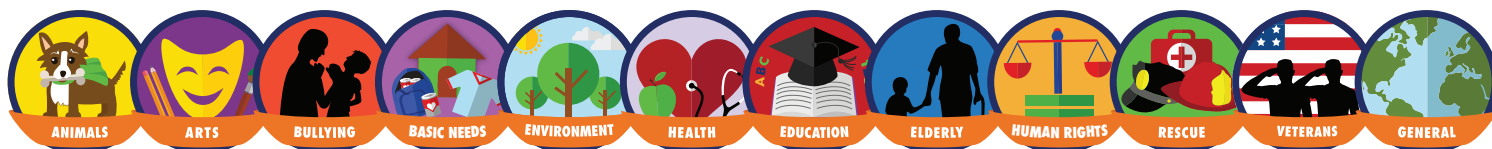
You've completed the service projects.

You have honored the sacrifices of the heroes of 9/11 by planting your own Survivor Tree, sharing a special flag with a hero you know, creating a positive chalk message, and joining kids just like you around the country in creating a work of art to show that you will never forget 9/11.

What else is there?

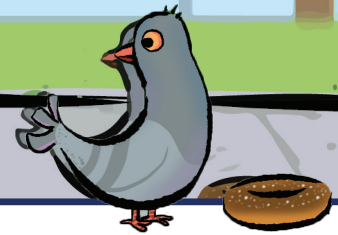
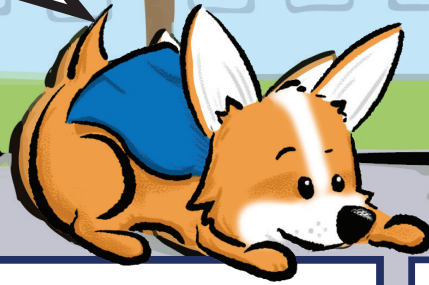
What else, you ask? All that remains is for you to commit to service every day to make the world a better place. And whether your cause is 9/11 or one of the many worth causes that need your help (check out our list below), we know you can become a Superhero. We know that you can take something you are talented at and use it to impact a cause you care about. It's simple.

Find the Superhero inside of you and pledge to use your Superpower to Ignite Good! every day.



Even the smallest act of service, the simplest act of kindness, is a way to honor those we lost, a way to reclaim that spirit of unity that followed 9/11.

- President Barack Obama



Blank white rectangular box for writing.

Blank white rectangular box for writing.

Blank white rectangular box for writing.

MY TALENT



MY HEART



MY SUPERPOWER!



10 WAYS YOU CAN IGNITE GOOD! FOR 9/11



1. Make an oral history on how an adult in your life remembers 9/11.

2.

Explore the website 911lesson.org to learn more about 9/11 and how you can honor it.

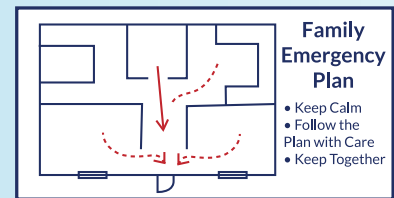


3.

Record yourself reading a book about 9/11 and share it with a younger kid.

4.

Draw a map of your family's emergency escape route and hang it in your home.



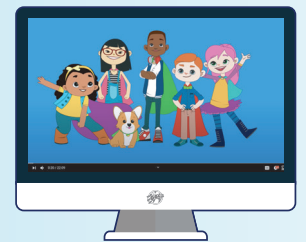
5.

Create memorial posters for Patriot Day.



6.

Host an online viewing party of *Learning 911* with your friends.



7.

Write a poem based on how you would feel if you had to work as a First Responder on 9/11.

8.

Create informative signs to educate people on what to do in a crisis.

WHAT TO DO IN A CRISIS

- Call police department: 911
- Take a deep breath to calm down.
- Tell the operator there's an emergency.
- Explain what happened and how many people were hurt.

Numbers to call: 9-1-1
Emergency hotline: 8-0-0 2-3-4-5-4-4

9.

Campaign to have a memorial built for the local first responders on 9/11/2001.

10.

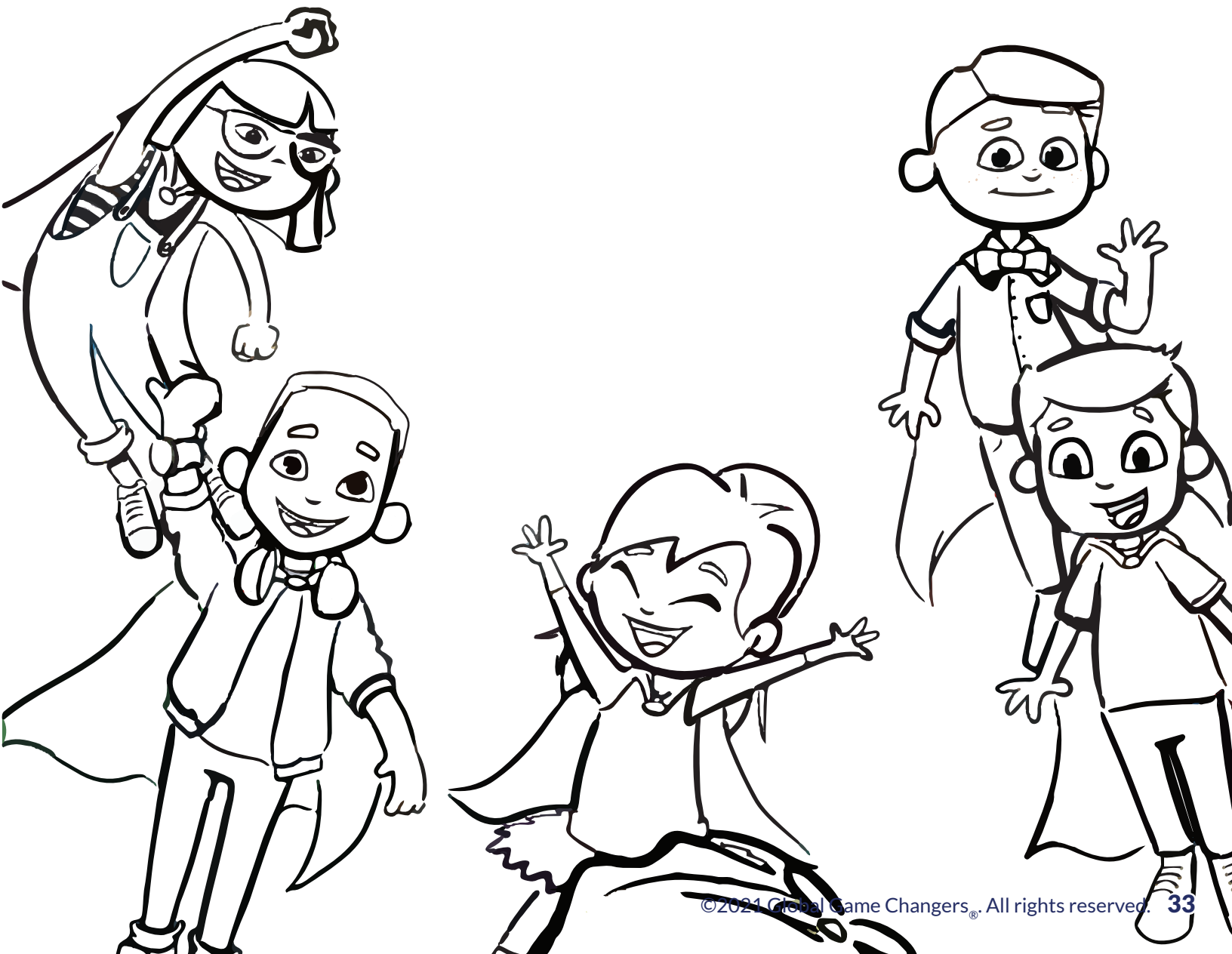
On 9/11, send "Thank You" notes to local firefighters and EMS workers.





CONGRATULATIONS YOU'VE EARNED YOUR CAPE!

You have made a difference in honor of 9/11, so you are now a Global Game Changer! How will you Ignite Good! next? Draw yourself in below with the other Global Game Changers.





OUR PROMISE

Thank you for joining the Global Game Changers to honor 9/11, a national day of service since 2009. Each year, people spend this day helping others, just like you have, as a way to keep the promise we made to the 9/11 heroes, victims, and survivors. Color in the words below to reveal that promise!

WORLD LEADERS

TOGETHER WE CAN

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A photo of a 7-year-old Emily Ernsperger lay next to a letter she mailed along with a pair of gloves to workers cleaning up the 9/11 site. She is now 23 and the letter's recipient Dave Triola was so touched he never used the gloves and keeps the note she attached tucked in them still. [Photograph].
Dave Triola, right, shares a laugh with Emily Ernsperger, 23, as she holds her daughter Clara Leasure, 3 months, after meeting for the first time at the Bill Howard Memorial Park in Louisville. When Ernsperger was 7-years-old, she mailed a pair of gloves with an encouraging note attached to workers cleaning up at the 9/11 site. Triola was so touched he never used the gloves and keeps the note tucked in them still. Her other daughter Julia Leasure, 16 months, was at left [Photograph].
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THE 9/11 LESSON: Celebrating Real Life Superheroes! is an educational experience that engages elementary students in a self-contained interactive multi-sensory, multi-tiered online platform that gives them a personal and in-depth exploration of 9/11 and culminates in meaningful service projects. In special recognition of the challenges encountered by our country in the wake of COVID-19, there is a focus on helping children understand how they can honor the heroes of 9/11 by responding to the hardships of today through self-directed service. It is available to all educators and parents nationwide at no cost, thanks to generous funding from the AmeriCorps and United Parcel Service (UPS).

911lesson.org



Global Game Changers Student Empowerment Program (GGC), a 501(c)(3), is an innovative evidence-based social emotional learning solution that uses service-learning as a vehicle to empower students to **IGNITE GOOD!**™ and give back using our equation: **MY TALENT+MY HEART=MY SUPERPOWER**™. Children develop skills in leadership, empathy, and character that lead to successful and engaged citizens. This unique approach to social-emotional learning develops the whole child and empowers students to overcome apathy and feel empathy, developing a sustainable connection and continued engagement in service beyond the program. For more information, visit:

globalgamechangers.org



AmeriCorps

AmeriCorps is a federal agency designed to improve American lives through service. Their AmeriCorps, AmeriCorps VISTA, AmeriCorps Seniors, National Civilian Community Corps, FEMA Corps, and other members have served over a billion hours gaining important skills and making a difference in the areas of economic opportunity, education, environmental stewardship, disaster preparedness and response, healthy futures, and veterans and military families. AmeriCorps also provides funding to engage millions more Americans in service on September 11th and Martin Luther King, Jr. Day.

americorps.gov